



A Message to Our rKids Parents:

First off, we want to say “You are incredible!” I know this season is a little crazy, but you are doing an amazing job! We encourage you to take a deep breath and acknowledge that change is hard, but know that you are killing it! We are so thankful for each of our rKid’s parents and families. Thank you for being you. We want you to know that we are here for you in this season. We love you guys and want to give you the tools to succeed during this time. You can find these resources at <http://realitysb.com/rkids-at-home/>.

As parents, we have entered a new adventure. An adventure where our kids are home much more than they used to be, and many of us are home more than we normally are. Whatever has changed, we can all acknowledge that things are different right now. Here at rKids we want to encourage you to embrace this new season. You are trying to juggle a lot -- educating your kids, entertaining them, caring for them, disciplining them, cooking every meal for them, and so on (while also working from home for many of you!).

I have been thinking of all the verses that encourage us as parents. It is incredible how we get the opportunity to train our kids and teach them to love Jesus: “Train up a child the way he should go: and when he is old, he will not depart from it” (Prov. 22:6). I know that sometimes it is easy to forget a verse like this when siblings are fighting for the 100th time and a glass of red gatorade was just spilled on the floor even though you said to not walk around with it while someone is saying your name a thousand times. Please know that you are not alone. We want to be here for you. If you need anything at all, you can reach out during this time to my email at breanna@realitysb.com.

No matter if you are thrilled about the opportunity to get creative and find unique ways to fill your days with your kids or you are just trying to survive each day with as little fighting and crying as possible, remember that God made you for this. He has not left us to do this alone. He has you in this season!

Here are some verses to spend time thinking about today:

You are patient and you are kind (1 Cor. 13:4)

You are the light of the world (Matt. 5:14)

You are a wise parent who has built your home on a strong foundation (Matt. 7:24)

You can do all things through Christ who strengthens you (Phil 4:13)

You hope in the Lord and therefore, your strength will be renewed (Isaiah 40:31)

You do not dwell in the realm of anxiety, instead you are prayerful and present your requests to God with a grateful heart (Phil 4:6)

God loves you and you are a child of God (1 John 3:1)

You love one another because you know love comes from God (1 John 4:7)

The main takeaway for you: the Reality team is proud of you! We have all stepped into an unknown season, and we get to set an example for our children in it. Remember that you are not alone. We may have to “distance” ourselves, but we can still lock arms through prayer and support during this time. We are a church family and we get to see God show up together.

Together in Him,
Breanna Cronen
rKids Director